



energycreations
wellbeing centre

Vicky's Thoughts

Hi Everyone,

Another month already and so much has happened around the world!

Many more disasters as Earth rebalances herself, more of the usual politics, lies and the need to control, but what about the Royal Wedding? Where so many people gathered around to watch it, to share the love between two people?

I believe the wedding brought people together, connected us globally, regardless of the crisis around us. It was about inspiration, hope and faith that everything is going to be alright and that LOVE melts all blockages. And what great sermons! Spirituality and the freedom to just BE! What a great message to spread to all the viewers....

And on another note, it's our 2nd birthday! How quickly time is passing us by... It just seems like yesterday that we opened our doors. And in those 2 years, yes we have had our ups and downs during our emotional/business roller coaster, great lessons, great clients and an opportunity to meet like minded people on our journey.... But all worth it! So please come in, say hello and share a drink with us.

Happy Mothers Day to all the mothers out there, doing a great job!

Saturday 7th May 9.30am - 4pm

To celebrate we will be offering:

- 10% off storewide (apart from services, herbs & prescriptions)
- \$20 for 15 minute tarot readings all day
- Free 10 minute Anew You Vibrational Essences readings from 1pm - 4pm
- Free Meditation 3pm - 4pm - One Minute to Peace (Bright Path - The Ishaya's Ascension)
- Raffle Prizes and giveaways
- Tea Tasting
- Lots more....

Toni Salerno (Internationally known Spiritual Artist) will be available from 1pm - 4pm to sign off any prints or books purchased on the day. A great way to meet him in person too!

Namaste
Vicky

What's New?

We have a new, gorgeous, simple, yet elegant gentle Buddha water fountain.

Currently priced at \$999.



Specials!

Great Mothers Day Gifts!

Large Illumination Series (Toni Salerno) Art Prints - Normally \$55, Now \$39.95

All organic herbal teas are being reduced to clear: 25g now \$3 EACH bag and 50 grams now \$5 each bag.

We still have a number of crystal and dress jewellery at 50% off and a number of clearance items including candles, silk scarves, body products, lamps, night lamps, soap, cards, and figurines (up to 50% off).

Selection of crystal rings & pendants at 30% off.

Our one and only large white Buddha, otherwise known as "George", who's been greeting you all at the front of the shop is still available. Normally \$350, now selling at \$175.

Workshops & Classes

Term 2 classes have now commenced this week.

Note: Bookings are essential.

Please view our current workshops and classes on offer by clicking on the following link: [Workshops/Classes](#) or read below.

Please Note:

Tribal Fusion Belly Dancing class will not be running as previously advertised.
Kundalini Yoga will only be available on Tuesdays (10am and 6pm)

We are all inventors, each sailing out on a voyage of discovery, guided each by a private chart, of which there is no duplicate. The world is all gates, all opportunities.

Ralph Waldo Emerson

The only journey is the journey within.

Rainer Maria Rilke

A wise man learns by the mistakes of others,
a fool by his own.

Latin Proverb



A loving heart is the truest wisdom.

Charles Dickens

Believe with all of your heart that you will do what you
were made to do.

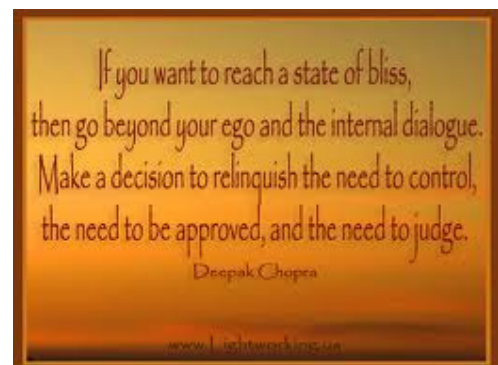
Orison Swett Marden

The first step in the acquisition of wisdom is silence, the second listening, the third memory, the fourth practice, the fifth teaching others.

Solomon Ibn Gabriol

We are still masters of our fate.
We are still captains of our souls.

Winston Churchill



May starts off with an explosive conjunction of Mars and Jupiter in the sign of Aries, God of War, and opposing the Relationship sign of Libra, putting a great deal of pressure on all relationships. Expect heated discussions.

Venus, Uranus, Mercury are all in the sign of Aries. Impulsive romantic encounters, mentally and emotionally but not stable may be encountered.

All of these planets in one sign are a bit top heavy and give us the go ahead to go forward, sort out relationships that are worth the effort, clear the air of all those issues that you bottle up, strive to be individuals within the relationship.

The Sun moves into Taurus and offers us more stability and support, it helps keep us grounded. Mars moves into Taurus on the 11th of the month and slows things down a tad, allowing us to move into more earthy and sensual pleasures.

Saturn is maintaining its retrograde motion until the middle of June so keep up your efforts to declutter, making room for the new things in your life and continue to plan for the future.

Everything is gearing up to go forward, the energy is less tense although there will still be moments of anxiousness and expect the unexpected.

By Margaret Nolan, Astrologer
Naturopath and Clinical Homoeopath.

Margaret is also available for personal Astrological Charts & Consultations (date and time of birth required). Enquire for further information.

Crystals

Lapis Lazuli

I just love this crystal, used by the Native Americans and Egyptians as a protective, healing stone. Deep, rich blue in colour with specks of white and gold running through it makes it a very mystical stone.

Great for the throat chakra and third eye chakra, boosts the immune system and thyroid, calms and removes energy blockages. Eases the mind, releases stress, bringing about deep relaxation, allowing the subconscious to flow, facilitating self-knowledge and self expression. Lowers blood pressure and helps overcome depression bringing about clarity. Great for migraines and headaches too!

When used in meditation, it enhances psychic ability and spiritual insight. Mentally balancing, sparking intuition, and greater connection between the mind, subconscious and higher self.



Frankincense

Wise Men brought it as a gift to the infant Jesus.
Gold: for a king. Frankincense: for God. Myrrh: to embalm Jesus' body after death.
Woody, spicy and slightly sweet aroma.

Great for:

- Meditation
- Purification & protection
- Anxiety & nervous tension
- Linked to Psyche
- Deepens & revitalizes the breath
- Wound healing
- Anti-inflammatory
- Stimulates immune system
- Treats scar tissue
- Rejuvenates the skin
- Nourishes the Spirit
- Great for circulation & digestive system when used in massage



Books / CD's / DVD's / Card Decks

Once again, we have all books, cd's, journals and art prints of Toni Salerno available.

New Arrivals:

1. Guided Meditations for Self-Healing CD by Gregg Braden
2. Music for Divine Matrix CD by Gregg Braden
3. Improve Learning with Archangel Michael CD
4. Meditation for the Love of it
5. Radical Self-Forgiveness
6. Tea Leaf Reading for Beginners
7. Aromatherapy for Everyone

The Secret Language of Your Body Revealed + Learn To Heal & Integrate the Power of Colour into Your Life

Inna Segal is the Creator of **Visionary Intuitive Healing™**
and bestselling author of *The Secret Language of Your Body:
The Essential Guide to Health & Wellness.*

Inna has also released The Secret Language of Colour Cards, which are receiving great feedback worldwide. Inna's presentations, powerful healing processes and unique product range are inspiring and assisting many people with their self-healing and transformation.



In this program, as in her bestselling book *The Secret Language of Your Body*, Inna Segal unveils the messages of the body and reveals the underlying energetic, emotional and mental causes of pain, illness and problems in your body.

- Learn how easy it is to **communicate with your body and increase your intuition**
- Be inspired by Inna's extraordinary story of healing herself from severe back pain, anxiety, psoriasis and stomach problems, to complete health and vitality
- Discover how **you too can begin to heal your body and transform your life**
- Experience powerful healing processes, guided by Inna

Discover how Inna's book *The Secret Language of Your Body* is changing lives and why world renowned doctors, best selling authors and health authorities such as Dr Bernie Siegel, Dr Christinane Northrup, Brandon Bays, Jack Canfield and others are recommending and raving about this book.

Did you know that people have used colour for thousands of years to heal many health conditions, attract abundance and bring about joy?

- Discover the various components of colour, you can begin to use them consciously
- Learn how to **integrate the power of colour into your own life**

Inna describes and demonstrates how you can **use the power of colour to empower every area of your life**. Colour healing is a great way to unleash your creativity and **involve you whole family in self-healing**. Inna brings a new edge to colour healing and has found that children are especially receptive.

Inna will guide you through some powerful processes, using colour healing to release negative thoughts and emotions as well as a powerful process of using colour for pain relief.

This is your unique opportunity to experience Inna live and ask her questions which can change your life.

Mini Workshop Details:

Dates: Thursday, July the 21st, 2011

Time: 7:30pm - 9:30pm

Venue: Energy Creations, 363 Whitehorse Road, Balwyn, Victoria 3103

Investment: \$70

Further details & bookings: go@energycreations.com.au or 9830 2160
(www.InnaSegal.com)

In this program, as in her bestselling book *The Secret Language of Your Body*, Inna Segal unveils the messages of the body and reveals the underlying energetic, emotional and mental causes of pain, illness and problems in your body.



Inner Harmony

Outer Balance

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